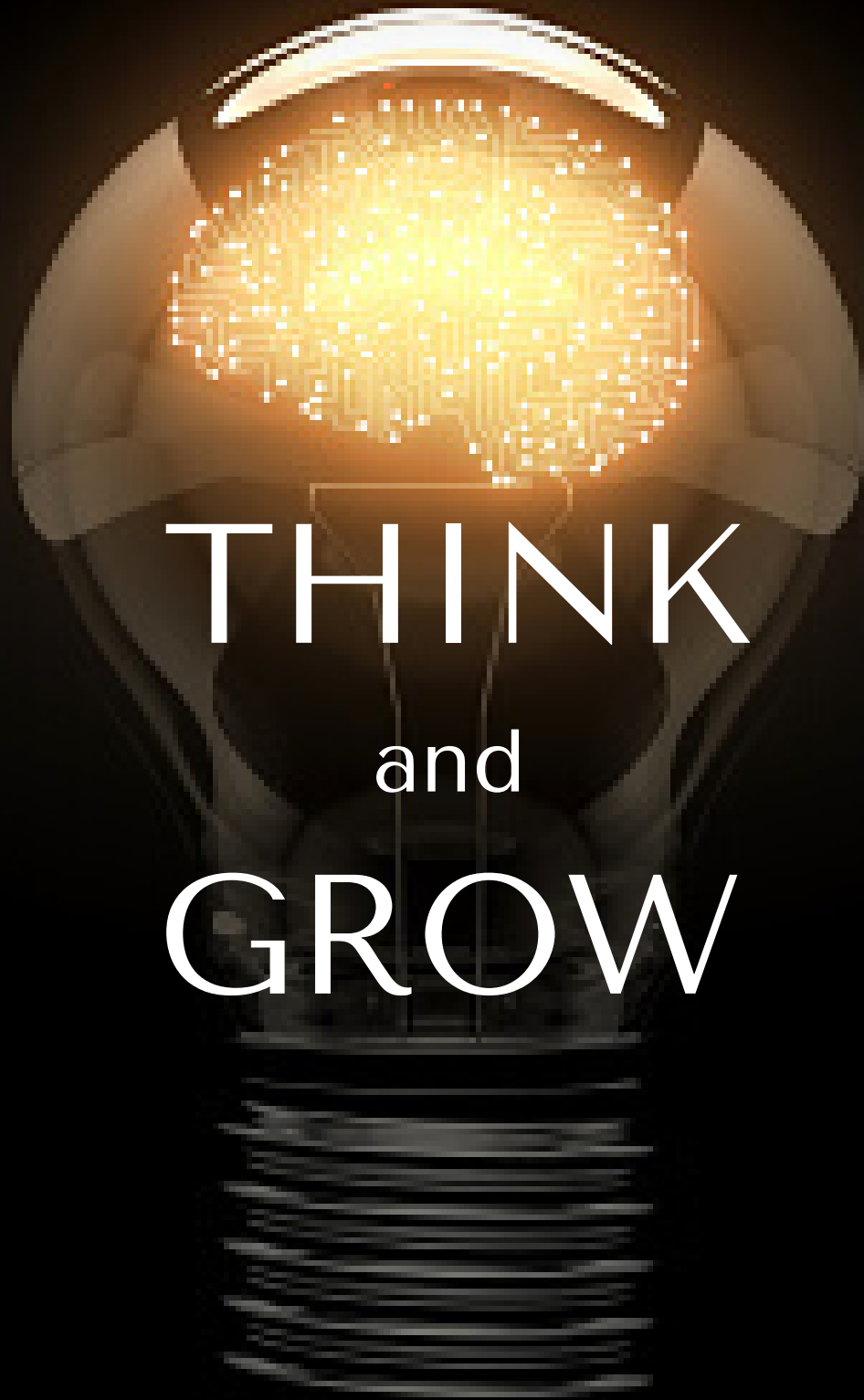


The Workbook



THINK  
and  
GROW

LESSON FOUR

**Recommended Reading: FAITH Chapter 3 pages 52-56**

**FEARS:** Highlight the 2 fears that primarily cause you worry and hold you back.

1. Fear of Poverty
2. Fear of Criticism
3. Fear of Sickness
4. Loss of Love
5. Old Age
6. Death
7. Rejection
8. Failure
9. Change
10. Uncertainty

Next, How are you conditioning your mind to faith in those areas instead of fear?

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"IF YOU GET CLOSE TO WHAT YOU LOVE,  
WHO YOU ARE IS REVEALED TO YOU."

Gratitude can strengthen Faith. Make a list of the things you are grateful for.

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